

Student's Name:

Instructor's Name:

Class:

Date

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Boosting the Self-Confidence of American Women

Lack of self-esteem among women in America explains why most of them miss out on fun and opportunities. Self-confidence comes with focus and determination, to enable a person to face challenges with great optimism. Life is not always a straight line, sometimes things do not happen as planned, but working oneself up is not a solution. In *'the beauty and the beast'*, Dave Barry brings out the idea of the buzz off action figures as self-confident. The discussion focuses on helpful ways that can assist the American society foster more self-belief in its female population. Fostering confidence among women is about making them feel that they are good enough. They have a lot of ability to change themselves and bring a great impact on the general United States society.

Considering the fact above, the United States government should make an effort to foster more confidence in its female populace, by empowering and motivating them, through different ways.

First, empowering women through integrating them fully into the American workforce can help to overcome some believes associated with women inability. Females need to know that they are good enough, and they can serve at the same capacities as men. It is important to eliminate the cultures that depict men as superior creatures. From past records, most women supported adequately and given chances to deliver in the higher capacities, do well, that they even beat some men. In *'the*

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beauty and the beast, women like Belle are shown to be quite submissive; through sacrificing her freedom to save the father. Gaston attacked the monster to save the villagers, and this was an act of courage. Men are always ready to face their fears, unlike women. In addition, the government should put in place some educative programs in the syllabus to assist the females in society to overcome the inability perception. Through such programs, they will learn that self-assurance is something that one can learn and adopt from a tender age.

Secondly, children upbringing plays a pivotal role towards fostering confidence among women. Philippe is a representation of the men in society. Barry depicts the character as very brave and smart. Philippe goes into the scariest part of the forest alone, despite the fact that there was a monster on the loose. Great belief in oneself is the surest way for anyone to make it through life. The American government needs to refocus on the general upbringing of children. It should put in place some educative programs to enlighten parents about the upbringing of children. For instance, the girl child grows up playing with Barbie dolls whereas the boy plays with Buzz Off. Through play, boys can master positive values like confidence and bravery. The Barbie doll does not create a room for creation of confidence.

Thirdly, the motivation of those women who outshine the others is important. Setting aside some funds to reward successful women is a regressive move. The females will strive to get better by outdoing each other; as a result, some remarkable changes will be noticeable over time. In the end, the women will move from that stage and soon; they will make to compete with men. Naturally, motivation is usually very helpful towards steering humans towards self-realization and self-appreciation. Women usually worry about what others think about them, especially men, which is a mental slavery. Women should stop the self-pity attitude. Surprisingly, the same men do not

always notice most of the effort women put in pleasing and making them presentable. Living men's expectations are a futile task, and women should refrain from it.

Finally, the government should provide enough support to the Women rights movements, to enable them carry out their activities well. Governments should watch out for any groups or persons that embark on frustrating such movements. Maurice in '*the beauty and the beast*' is bold enough to invade the beast's castle alone in an effort to save Belle. The government should play the role of liberating women.